

Dr. Amelia Reigstad



HIGHLIGHTS

15 years as
an educator and
business owner

Has traveled to
over 25 countries
and 3 continents

Founder of *The
Women
Empowerment
Series*
which inspires and
encourages women
to use their voice to
initiate change

2 amazing kids
and 1 incredible
husband

20+ leadership,
communication and
organizational
effectiveness
workshops and
speaking
engagements in the
last 24 months

Amelia Reigstad has a passion and love for knowledge and enjoys sharing her expertise on leadership, organization effectiveness, productivity, communications, and employee engagement. With over two decades of industry experience in the corporate and education sector, she has designed training programs, facilitated workshops, and led team members to success. As an entrepreneur, she understands first-hand the importance of leadership development and has spoken on a global scale at numerous conferences and events. She has also taught a variety of university-level courses across the U.S., Canada, Europe, and the U.K. Over the course of her career, she has authored numerous articles on gender, communication, leadership success, authenticity, etc. and is currently publishing a book on virtual communication skills and working remotely. Amelia earned her M.A. and Ph.D. from the University of Leicester in the U.K. where her studies emphasized gender differences in communication styles and their influence on the workplace.

CERTIFIED TO DELIVER

- *The 6 Critical Practices for Leading a Team™*
- *Unconscious Bias™*