

Kristofer O'Brien



HIGHLIGHTS

10 years of Director level experience leading teams

Two time marathon finisher

Conducted Executive Coaching Journeys with over 75 clients

Became a Dad by adopting his son when he was 11

Completed expatriate assignment in India

Kristofer O'Brien is an executive coach, management consultant and keynote speaker that brings more than twenty years of experience to his clients. By leveraging his expertise in creating environments that promote superior performance, Kristofer empowers leaders to aspire to the belief that each of us can make a difference in all aspects of life. Previously in the medical technology, healthcare, hospitality and retail services industry, Kristofer brings seasoned leadership knowledge, coaching and experience to his clients. As a tenured leader in Global Talent Development, he has facilitated on six continents in over twenty countries to thousands of participants. With an extensive background working in companies ranging from Fortune 5 to small startup companies and nonprofits, his coaching and facilitation experience is flexible to meet the client at any stage in their career. His clients hold a variety of levels in their organization from C-Suite to new managers.

CERTIFIED TO DELIVER

- *The 6 Critical Practices for Leading a Team™*
- *The 7 Habits of Highly Effective People® Foundations*
- *The 7 Habits of Highly Effective People®: Signature Edition 4.0*