

Theresa Prelitz



HIGHLIGHTS

Started delivering FranklinCovey training in 1992

Lives in Laguna Beach, CA with her husband Christopher

Facilitated FranklinCovey's Project Management training at Nasa's headquarters in Houston, TX

Took a one month sabbatical in India

Student body president in College

Since joining FranklinCovey, Theresa has facilitated trainings for the US Navy, NASA, American Express, Patagonia, CBS Television, United Cerebral Palsy, and numerous other Fortune 500 companies. She was previously with McDonald's Corporation as Southwest Regional Training Manager, responsible for training in leadership and operations to over 500 franchisees and their leadership teams. Her skill in developing leaders and her infectious positivity were exemplified in the Phoenix Region, where Theresa led 100 managers from being the worst scoring leadership team in the nation to becoming McDonald's #1 awarded management team in just three years.

Theresa's extensive facilitation experience allows her to move comfortably from the boardroom to the front line. She brings a powerful mixture of business acumen, leadership, and inspiration that helps clients gain clarity and achieve, or often surpass their most wildly important goals.

CERTIFIED TO DELIVER

- *The 4 Disciplines of Execution*®
- *The 4 Essential Roles of Leadership*™
- *The 5 Choices to Extraordinary Productivity*®
- *The 6 Critical Practices for Leading a Team*™
- *The 7 Habits of Highly Effective People*® Foundations
- *The 7 Habits of Highly Effective People*®: Signature Edition 4.0
- *Leaders@Change*
- *Leading Across Generations*™
- *Leading at the Speed of Trust*®
- *Live-Online Webinar Workshops*
- *Presentation Advantage*®
- *Project Management Essentials for the Unofficial Project Manager*®
- *Reinforcement Coaching*
- *Speed of Trust*® Foundations
- *Unconscious Bias*™
- *Working at the Speed of Trust*®