

# Highlights

Lead Culture Consultant at Arity, an Allstate-owned startup

Vice President of Operations for health and wellness startup, LulaFit

Author of Inner Workout, published in March 2023

I'm trained in mindfulness and meditation, and I bring that presence to my work

I love podcasts, both hosting them and listening to them

# Senior Consultant Taylor Morrison

## Chicago, Illinois

Taylor Morrison started her career in Allstate's Leadership Development Program. Through the program, Taylor strategically contributed to Allstate's employee culture, diversity and inclusion, and change management efforts. She then joined a startup as their first full-time employee and Vice President of Operations before returning to Allstate to help lead employee culture at their startup, Arity. Taylor's intentional facilitation approach encourages participants to bring their insights beyond the session and into their daily lives. For her, it's important that each session supports a client's business objectives.

### **Education & Certifications**

- Vanderbilt University, BS in Human and Organizational Development
- Quantic School of Business and Technology, MBA

### What learners say about Taylor ...

"She was thorough, spoke clearly, very knowledgeable of the material, and validated everyone's opinions, which I appreciate! She's truly delightful!"

"Simply brilliant, gifted, and talented facilitator. Allowed the course to breathe to reach outcomes to build our action plan moving forward."

"As I mentioned to Taylor at the end of the course, she did an outstanding job from the onset by easing any preconceived notions about unconscious bias. She was engaging and made the time fly!"

