



Senior Consultant

Sonia Di Mauro

Montreal, Quebec

With over 23 years supporting team and individual performance from local to global organizations, Sonia uses her focused strength of perspective to leverage direction, clarity, potential and business insight that drive teams and organizational performance, adding tangible value to the lives of many. Driven to create a more equal and just society, she naturally cultivates community to create significant, scalable impact, and mutually supportive, meaningful relationships.

She is an expert in leading and cultivating high-performance teams, creating a safe space for learning and growth, and inspiring a reinvention mindset that supports anticipation, design, and implementation of solutions over time. Sonia's facilitation approach is one of compassion and empathy, generating harmony and actionable performance driven by purpose.

She promotes access to equal opportunity, diversity, and inclusion. Through community, participation, and leadership, she brings groups together to build engagement and ownership, empowering them to solve their own challenges through cooperation. Her enthusiasm for bringing people together leads to connected, engaged teams and organizations.

Education & Certifications

- B.A. – Communication Studies – Film and Media
- M.A. – Educational Technology
- Zenger Folkman, Certified Facilitator and Coach
- ROI Institute, Certified ROI Professional, CRP

What learners say about Sonia...

"Sonia was inspirational, motivating, and world class."

"Sonia opened my eyes to a whole new world of possibilities. I will keep putting her teachings to practice."

"Sonia's interaction with the team was seamless and she consistently offered constructive input to improve the course as we progressed."

Highlights

Works with bilingual (French and English) leaders to cultivate trust and safety that strengthens high-performance teams

Supports individuals and teams through strategic assessment, practical design, flexible/focused goal implementation and engaging facilitation

Leads courses in Instructional Technology, Leadership and Interpersonal Communication, and Change Management in Higher Education

Member of the Global Alliance of Reinvention Professionals, using strategies for thriving in our uncertain fast-changing world

Award-winning author of *The Apple in the Orchard: a story about courage*, endorsed by Ken Blanchard
