



Senior Consultant

# Alex D. Tremble

Woodbridge, Virginia

Alex D. Tremble is the Founder and CEO of GPS Leadership Solutions, a sought-after speaker, author, and consultant with a passion for developing high-performing leaders. With a Master's degree in industrial and organizational psychology and experience creating and managing executive leadership programs for the Federal Government, Alex has a deep understanding of the challenges that ambitious leaders face.

Through his 4C Connection Model™, Alex teaches leaders how to build and maintain meaningful relationships with their peers, staff, senior leaders, stakeholders, mentors/mentees, customers, and others. His simple four-step methodology has helped countless leaders excel in senior and executive roles.

As the author of three successful leadership books, "Relationships That Work," "Reaching Senior Leadership" and "The GPS Guide to Success," Alex's work has been recognized by prestigious organizations such as The Aspen Institute and the Leadership Center for Excellence. In addition to being honored as a 40 under 40 honoree by the Leadership Center for Excellence and spotlighted as a top leader to know by the International Association for Talent Development, Alex also hosts the internationally top 10% ranked podcast, "The Executive Appeal."

## Education & Certifications

- Industrial and Organizational Psychology M.S.
- John Maxwell Certified Coach and Speaker

## What learners say about Alex...

*"His performance during the workshop was simply amazing. Not only was he an obvious expert in his subject area, but he was also extremely entertaining! Our program participants, and staff alike, really enjoyed his humor, the practical stories he used to explain concepts, and the fact that he answered every question posed to him with transparency and tact. All in all, Alex is a whole lot of fun and we are definitely looking forward to securing his services again."*

*"If you want someone to lecture about leadership theory, then you can find that almost anywhere. But, if your organization needs leaders who can practically and strategically use leadership influence techniques to effectively gain support for essential programs and operations, navigate challenging leadership situations and relationships, and further your mission, you need to hire Alex Tremble."*

## Highlights

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Author of "Relationships That Work," "Reaching Senior Leadership" and "The GPS Guide to Success"

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The Aspen Institute Socrates' Fellow and Leadership Center for Excellence 40 under 40 honoree

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Host of the internationally top 10% ranked leadership podcast, "The Executive Appeal"

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Husband and father

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Loves hiking and traveling internationally with his wife