

### Highlights

Achieved the highest score in her Krav Maga Israeli Self-Defense yellow belt certification

Master Certified Performance Coach

Taught Public Speaking to undergraduate students

Proud Ironman triathlon finisher

Avid camper and enjoys exploring through travel

#### Senior Consultant

# Caitlin Johnson

Charlotte, North Carolina

Caitlin Johnson is a strategic, high-achieving leader with 15 years of experience coaching and consulting:

Change Management, Operational Excellence, Execution Management, Performance Improvement, Leadership Development, Gamification Design and Organizational Transformations

She is a Master Certified Performance Coach who has coached over 72,000 global leaders. She has been recognized among the Top 4% of performers at a Fortune 200 Hospitality company.

Caitlin lives in Charlotte, North Carolina, with her husband, two daughters, and their standard poodle.

### **Education & Certifications**

- B.S. Interpersonal Communications University of Central Florida
- M.S. Interpersonal Communications University of Central Florida
- Project Management Certified Project Management Institute

## What learners say about Caitlin...

"Caitlin is a strong facilitator. Kept us engaged while letting the conversation flow when participants asked questions."

"I really enjoyed the way that the content was presented and also discussed. Instead of being talked at, Caitlin did a great job at interactively explaining concepts and then dividing us into smaller groups for practice."

"Caitlin was a great facilitator! Engaging participants who seemed eager to stay on mute- she did excellent!"

"I really liked the structure of the sessions and Caitlin gives great examples and feedback and is also a great listener."

