



Executive Coach

Ellen Auster

Great Neck, New York

As a leadership and executive coach, Ellen is focused on working with high potential professionals and leaders to raise their self-awareness and achieve desired outcomes in their personal and professional lives. Ellen coaches her clients to develop clarity on their values and individual definition of success and then tackle negative drivers and root causes of self-sabotage. With that increased awareness, Ellen uses various mental fitness practices to help her clients create new habits to hold themselves accountable for action steps towards their desired outcomes.

Ellen's unique career in professional services at Deloitte combined extensive experience serving clients in the corporate space with significant roles in talent and leadership development. She brings that background, enhanced by deep and thorough coach training, to provide practical, real-world coaching grounded in coaching best practices.

Highlights

Unique Deloitte career combining client service and talent development roles provides strong foundation for coaching leaders

Incorporates Mental fitness practices in coaching, helping clients build new habits to enhance relationships, performance, and wellbeing

Passion for developing talented women since serving as Women's Initiative Leader early in Career as Deloitte Principal

Certified Professional Coach, Certified Positive Intelligence Coach Certified Confidence Coach

Enjoys exotic travel, theater, yoga, reading and spending time with family and friends

Education & Certifications

- B.S. Economics, Wharton School, University of Pennsylvania
- J.D., George Washington University National Law Center
- LLM, New York University School of Law
- Certified Professional Coach (CPC)-Institute for Professional Excellence in Coaching
- CPQC-Certified Positive Intelligence Coach
- Certified Confidence Coach- American Confidence Institute
- Energy Leadership Index Master Practitioner (ELI-MP)- IPEC Coaching

What clients say about Ellen

"Ellen has played a fundamental role in helping me change my approach to challenging work dynamics and relationships both within my organization and outside the work environment. Through the Positive Intelligence Mental Fitness program and Ellen's coaching, I have learned to strengthen my focus and approach these situations with empathy and curiosity to change relationship dynamics. She has coached me to be more cognitive of myself which has in turn enabled me to approach both internal and external conflict with greater confidence and successful outcomes. As a result, I am happier and more fulfilled in both my professional and overall life." CPA Firm Partner