



## Executive Coach

# Jessica A. McCann, Ph.D.

## Houston, Texas

With more than 15 years in talent development and change management and a Ph.D. in HR Development and Leadership, Jessica brings a well-rounded perspective to working with leaders at all levels and from all backgrounds. She is coached clients in retail, finance, healthcare, engineering/technology, service and hospitality, start-up/entrepreneurs, and manufacturing.

Jessica leverages a strengths-based, data-driven, and participatory process informed by proven instruments and feedback to help leaders become more successful. Throughout her career, she has worked to in sales and sales leadership, talent development and business management consulting. She has led large-scale change management initiatives, consulted on enterprise-wide system implementations, developed communication and sales strategies, and designed full-scale people and culture programs.

A great coach balances courage and compassion – creating space for clients to be real and authentic while also pushing on the boundaries of their comfort zones. Jessica is experienced in helping leaders take a closer look at themselves and the impact of their mindsets and behaviors - and then create the lasting changes and improvements they want to see in their careers and lives.

## Education & Certifications

- B.A. Communication and Journalism
- M.S. HR Development and Adult Education
- Ph.D. HR Development with Specializations in Leadership and Change Management
- Certified in formal assessment tools including Hogan, Real Colors and EQi 2.0

## What clients say about Jessica

*“Jessica is really personable and easy to engage with. She encouraged and provided a means for an interactive learning opportunity.”*

## Highlights

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Professional Certified Coach (PCC) with the International Coaching Federation

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Active researcher and publisher on grit, resilience, productivity, and leadership

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Professor in the Leadership Institute at The University of Texas MD Anderson Cancer Center

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FranklinCovey Subject Matter Expert on leadership, transition, onboarding, and reinforcement coaching

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Avid traveler, adventurer, and explorer with her husband and two young sons

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