



## Executive Coach

# Jennifer Sanders, PCC

Scottsdale, Arizona

Jennifer believes that leaders who connect to and lead from their heart and mind will accelerate their leadership impact. With over twenty-five years of experience in the retail industry, she has a diverse background of excellence in corporate leadership including the establishment of new departments for IT and project management, and the creation of multiple comprehensive leadership development programs. Jennifer is sought after for her skills in leadership, coaching, team building, and facilitation with an emphasis on bringing groups together to collaborate. Her keen understanding of emotional intelligence and organizational dynamics, whether at the executive level or within divisional teams, enables her to coach across functional areas.

Jennifer's impressive versatility as a coach is demonstrated through her work as an Emotional Wellness Coach with Lyra Health and as a Life Strategy Coach for Pursuit of Balance. Her coaching philosophy inspires leaders to be courageous, authentic and focused in all areas of their life and work. Jennifer's clients experience professional and personal growth, improved business outcomes, and increased employee engagement and performance as a result.

## Education & Certifications

- B.A. in Management from The University of Phoenix
- M.A. in Strategic Communication & Leadership from Seton Hall University
- Other Credentials: Hogan Leadership Series, Co-Active Professional Coach, Global Leadership Certificate, PMI certified Project Management Professional

## What clients say about Jennifer

*"Jennifer provided consulting and coaching support to me and our VP of HR. Jennifer worked closely with us to define our strategy and roadmap for establishing an internal university. She also helped with our leadership development program. In the process, she listened, asked probing questions, and helped us to identify the organization's needs. Jennifer's understanding of business and leadership roles enabled her to provide unique insight. Her questions expanded our perspectives and resulted in our ability to move forward with actionable plans. Jennifer is the full package: a strong coach, knowledgeable businessperson, seasoned leader and cutting-edge strategist." Executive VP and General Counsel*

## Highlights

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Professional Certified Coach (PCC) with International Coaching Federation

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Co-Active Professional Coach (CACC), 2015 Coaches Training Institute, San Rafael, CA

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Certified Pursuit of Balance Life Strategy Coach and Mental Health Coach with Lyra Health

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Active Member of the Arizona Chapter of ICF and Project Management Institute

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Mentor, Arizona Women's Leadership Forum 2020-present

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