

Senior Consultant

Henry J. Lescault

Fort Myers, Florida



Highlights

15+ years leadership experience as a First Line, Mid-Level, Upper-Level leader working with assorted teams

12+ years professionally certified Leadership and Peak Performance Coach with Master's in Executive Coaching

United States Coast Guard Veteran, and Certified Firearms/Defense Tactics/Refuse to be a Victim Seminar Instructor

Was a Professional Ombudsman and is certified as a Workplace Conflict Mediator

Certified Massage Therapist - working on a Personal Training Certification from the National Academy of Sports Medicine

Henry Lescault has over 15 years of experience as a leadership facilitator and keynote speaker, helping individuals and organizations create meaningful impact and achieve measurable results. He is an ICF-credentialed Professional Certified Coach (PCC) and holds a Master of Science degree in Executive Coaching, which informs his ability to design and deliver learning experiences that drive real behavioral change. Henry has facilitated and spoken to large groups across the private and government sectors, education, healthcare, law enforcement, travel, entertainment, and other industries. He is known for his engaging, practical, and results-focused facilitation style, creating psychologically safe environments where participants actively engage and apply insights to their real-world challenges. Henry helps groups think differently, communicate more effectively, and align around shared goals. His ability to move audiences from awareness to action is matched by his commitment to helping clients achieve lasting impact and stronger outcomes long after the session ends.

Education & Certifications

- B.S. Sociology - Human Behavior Concentration (Psychology, Criminology etc.)
- M.S. in Executive Coaching
- Leadership Coaching Certification - Georgetown University
- Executive Certificate in Facilitation - Georgetown University
- Assorted Assessment Certifications: Hogan Personality Assessment, Myers Briggs, Clifton Strengthsfinder, EQ-i 2.0, Daniel Goleman's Emotional Social Competency Inventory, Thomas Kilmann Conflict Mode Instrument, FiRO B Personality Assessment
- Treasury Executive Institute - Professional Facilitator, Mediation and Workplace Conflict Certification, Senior Executive Service Certification/Office of Personnel Management, United States.

What learners say about Henry...

"Henry was composed, energetic, and informative. The session was engaging and full of great content."

"Henry was very engaging, informative and an amazing facilitator who truly role modeled the concepts he was teaching."

"Henry was engaged and dynamic and helped promote good engagement without making people feel put on the spot."

"I am very impressed with the coaching I received from Mr. Lescault! His coaching provided thoughtful, actionable and effective strategies to address the challenges I face and move toward the goals I've set."

"Henry is the right coach for anyone who is serious about making meaningful changes and willing to invest in the effort required. His approach is honest, disciplined, and results-driven, and I'm better for having worked with him." - Executive Leader.