



Leadership Expert, Disruption Strategist, Best Selling Author & AI Advisor

Patrick Leddin, PhD

Nashville, Tennessee

Patrick Leddin is a leadership expert, disruption strategist, and innovator whose career spans more than three decades of leading teams, building companies, and studying what it truly takes to turn disruption into opportunity. His perspective was forged in the field as a Platoon Leader and Company Commander in the elite 82nd Airborne Division, and later sharpened as an entrepreneur, advisor to senior executives at KPMG and FranklinCovey, and professor at Vanderbilt University — giving him a uniquely practical tested point of view that few can match.

As a New York Times bestselling author and in-demand keynote speaker, Patrick has shared his frameworks with audiences across four continents, from the United States and Canada to China, Singapore, Great Britain, and Germany. What sets him apart is as much how he delivers as what he delivers. Known for storytelling that resonates long after the applause fades, he has a rare gift for making complex research feel personal, practical, and immediately actionable. At Vanderbilt University he taught Corporate Strategy, Negotiation, and Leading Business Through Times of Crisis, and led the multi-year Disruption Project sponsored by the Chancellor's Office.

Patrick is also an accomplished entrepreneur. With his wife Jamie, he co-founded Wedgewood Consulting Group and built the business over 11 years — sustaining double-digit revenue growth and opening offices in four U.S. states before leading it through a successful acquisition. Drawing on interviews with more than 350 disrupters, he coined the concept of Positive Disruption — the intentional, empowering choice to challenge the status quo out of clarity and courage rather than crisis — and is now building a movement inviting people everywhere to disrupt their own work and lives for the better.

As a FranklinCovey AI Advisor, Patrick also helps leaders navigate the organizational and human dimensions of AI adoption and transformation.

Education & Certifications

- PhD, Strategic and Organizational Communication — University of Kentucky
- Director of the Practice of Business Studies, Vanderbilt University
- Advisor, The Wond'ry — Vanderbilt's Center for Innovation
- Platoon Leader & Company Commander, 82nd Airborne Division; U.S. Army Master Parachutist
- FranklinCovey AI Advisor

What learners say about Patrick...

"Equally inspiring and approachable — Patrick makes you feel like the ideas he's sharing were made specifically for you. He moves audiences from inspiration to action, and from where they are to where they're capable of being."

Highlights

Co-author of the instant New York Times bestseller *Disrupt Everything and Win*, written with James Patterson.

Author of *The 5-Week Leadership Challenge*, a Wall Street Journal bestseller.

Co-author of the forthcoming book: *Expect a Lot, Care a Lot: How 6 Critical Practices Create High-Performing Teams*.

Host of *The Disruption Lab Podcast*.

AT A GLANCE

35+ years of experience
2 best-selling books
15+ countries reached
105K+ social followers
250+ podcast appearances

