



Senior Consultant & Executive Coach

Kari Saddler, MBA, MCC

Fort Worth, Texas

Kari believes everyone deserves leadership that inspires and empowers them. With over twenty years of experience as a business leader, executive coach, and consultant, Kari brings an adventurous energy to every engagement. She's known for delivering results and creating client experiences that provide both psychological safety and firm accountability. Kari's clients consistently praise her ability to facilitate quick, actionable clarity in times of conflict or transition.

Kari has an extensive corporate background with notable roles at J.P. Morgan Chase, WellCare, and Tampa General Hospital. As a Master Certified Coach (MCC) through the ICF, Kari trained hundreds of coaches as a lead facilitator for a top US coaching firm. Among many career achievements, she implemented executive development programs, spearheaded data-driven customer satisfaction initiatives, and consulted with leaders and their teams to create, measure, and accomplish business-critical goals.

Highlights

2020 Co-Author of *Unlocking Potential*, a best-selling book about executive coaching

2022 HPS Fellow (Heroic Public Speaking)

2026 Master Certified Coach (MCC)

Assisted in customizing FranklinCovey content for healthcare

Master of utilizing AI and vibe-coding to measure business outcomes

Education & Certifications

- B.A. in English from The Ohio State University
- M.B.A. from The Ohio Dominican University
- Other Credentials: Hogan Leadership Series, Predictive Index, MBTI, DiSC, Emotional Intelligence Assessor and Coach, FranklinCovey Leadership content

What learners say about Kari...

"As usual, Kari's brilliance did not disappoint, and her energy and perspective were a value-add. Positive feedback continues to pour in with one attendee saying the session was one of the best workshops they've attended."

"Kari is relatable and leads with confidence. I trusted her almost instantly."

"Kari is a delight and shows a real passion for the material. It is clear that she is a subject matter expert, and her style is relatable to everyone."